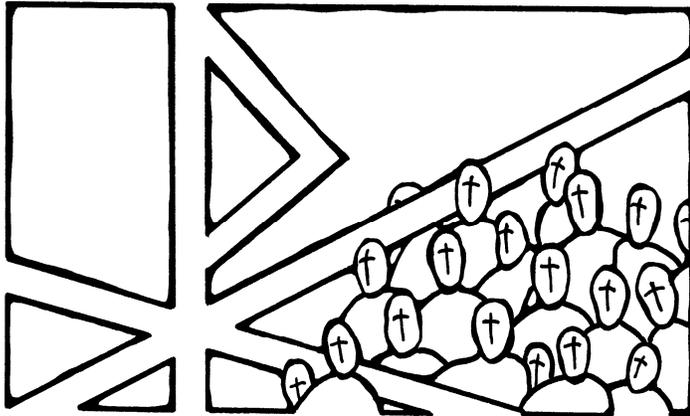




St. Frances Cabrini Parish

Our Mission: Worship God • Love Others • Make Disciples • Educate the Young

July 17, 2022 • Sixteenth Sunday in Ordinary Time



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It is Christ whom we proclaim,
admonishing everyone and teaching
everyone with all wisdom, that we may
present everyone perfect in Christ.

— Colossians 1:28b

PARISH CLERGY & STAFF

Pastor

Rev. James Okafor.....408-879-1120.....ext. 13
frjames@sfcabrini.org

Parochial Vicar

Rev. Vincent Dang.....408-879-1120.....ext. 12
frvincent@sfcabrini.org

Assisting Clergy

Rev. Paul Soukup, S.J.....psoukup@scu.edu

Parish Secretary

Jean O'Connell.....408-879-1120.....ext. 20
parish_office@sfcabrini.org

Office Manager

Sue Butler.....408-879-1120.....ext. 18
sue.butler@dsj.org

Administrative Assistant

Pam Ellis.....408-879-1120.....ext. 24
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Catechetical & Youth Ministry Coordinator

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merry.kaelani@dsj.org

Facilities Custodian

Beatriz Salcedo.....408-879-1120.....ext. 16
beatriz.salcedo@dsj.org

Bookkeeper

Michael Bruce.....408-879-1120.....ext. 18

SCHOOL

Principal

Ronda Clark.....408-377-6545.....ext. 3058

Vice Principal

Laura Breiten.....408-879-6545.....ext. 3057

School Front Office

Nikki Dickey.....408-879-6545.....ext. 3035

MASS SCHEDULE

Mon. – Fri. - 8:30 am

Sat.- 8:30 am, *5:00 pm Vigil Mass -English • 6:45 pm - Vietnamese

Sun.- 8:00 am, 9:30 am, *11:30 am, 1:00 pm (Assyrian), & 5:30 pm

** Saturday 5:00pm Vigil Mass and 11:30am Sunday Mass will
livestream on Facebook*

RECONCILIATION (CONFESSION)

Saturdays 3:30 pm – 4:30 pm in the church library and by
appointment. See page 3 for First Friday Reconciliation
times.

BAPTISM: Please visit www.sfcabrini.org website under
Sacraments / Baptism for more information. If you have
questions call Merry Kaelani at 408-879-1120 #14

MARRIAGE: Couples must contact the priest they wish to
witness the sacrament at least six months prior to the
proposed date of the wedding.

ANOINTING: 408-912-0440

St. Frances Cabrini Church

15333 Woodard Rd. San Jose, CA. 95124

Parish Office 408-879-1120

Parish Office Hours

Tuesday • Wednesday • Thursday 9:00am
to 3:00pm

www.sfcabrini.org • Facebook:

[facebook.com/sfcsjca/](https://www.facebook.com/sfcsjca/)



A Note from the Pastor: Fr. James Okafor (Ed.D)

Slow Down, Sit Down, and Listen!

The Bible, Old Testament (OT) and New Testament (NT) have stories of people who were recognized and praised for taking the time to listen to different ways God spoke to them. Abraham, our father in faith, is one of the typical examples of these people in the OT. He not only listened to different ways God spoke to him, even when it was difficult to say yes, but he demonstrated that God's voice influenced his actions. Our first reading today (Genesis 18:1-20a) describes one of these endearing actions of Abraham through his hospitality to the Angels of God. His hospitality, in return, gained his blessings from God through the Angels, who assured him of a gift with a child through his wife, Sarah.

The Gospel story today (Luke 10:38-42) is the story of Jesus in the home of Martha and Mary, in which Jesus compliments Mary on her ability to slow down, sit down, and listen. The message of Jesus here was not to undermine the culture of his people, which primarily encourages a host to be hospitable to a guest but to emphasize the importance of us finding time to slow down and listen to the different ways he speaks to us. The worries and anxieties of life sometimes make it difficult for us to slow down and listen to the different ways God speaks to us. Equally, our quest to keep to date with the latest events, news, and happenings of life can be a significant obstacle in slowing down to listen to ourselves, the people in our lives, and other ways God speaks to us.

In the second reading (Colossians 1:24-28), St. Paul describes the choice God has made of all of us as his chosen ones and made known the riches of his glory to us. The riches of God's glory are within and around us. God wants us to pay attention to them by listening. As you reflect on this invitation the readings of today gives us, think about different ways God is calling you to listen. Maybe he is calling you to slow down and listen to members of your family, friends, colleagues, and others in your life. It is said that silence is golden and an element in which great things fashion themselves. Our SFC community gives us the opportunity to slow down, sit down, and listen through our Eucharistic Adoration every Friday. I invite you to look at the schedule for this weekly Eucharistic Adoration in the weekly bulletin, posters on our doors, and our website and see if it is something you might have time to participate in.

We want to thank these parishioners who accepted to serve as members of our SFC Evangelization Committee: **Lee Campbell, Cathy Campbell, Kelsey Ballard, Jim Revels, Garin Ballard, Merry Kaelani, and Oferia Pors.** The goals of our SFC Evangelization Committee are to support the priests in exploring and implementing programs that will help parishioners to become fruitful missionary disciples of Christ by deepening their spiritual, devotional, prayerful, and Sacramental life. The Committee would also work collaboratively with other councils, groups, and committees of SFC to reach out and welcome back people to the Church, especially the inactive parishioners. Please, let us keep these brothers and sisters in our prayers. Amen.

St. Frances Cabrini- Pray for us!

Mass Intentions
July 16th to July 24th, 2022

SATURDAY

8:30 am - Pat Boorn † - JO
5:00pm - Rita Montáño † - VD

SUNDAY

8:00 am - Elvira Canales, Spec. Int. - RM
9:30 am - People of the Parish - JO
11:30 am - Juanita Lopez † - JO
1:00 pm - Assyrian Mass - PS
5:30 pm - Connor Metz † - VD

MONDAY

8:30 am - Rick Ellis † - WJ

TUESDAY

8:30 am - Kathleen Schaeffer, Spec. Int. - VD

WEDNESDAY

8:30 am - Aisline Nickey, Spec. Int. - JO

THURSDAY

8:30 am - Ronnie Wlodarek, Spec. Int. - JO

FRIDAY

8:30 am - Jim Butler, Spec. Int. - JO

SATURDAY

8:30 am - Wesley Butler, 5th Birthday - VD
5:00pm - Rita Montáño † - JO

SUNDAY

8:00 am - Marcos B. Estrada † - JO
9:30 am - People of the Parish - VD
11:30 am - Everett Girotti † - VD
1:00 pm - Assyrian Mass - RM
5:30 pm - Bonifatio Feliciano, Spec. Int - PS

JO = Fr. James Okafor • VD = Fr. Vincent Dang
TM = Fr. Tony Mancuso • PS = Fr. Paul Soukup
RM = Fr. Robert McKay

SAINTS AND SPECIAL OBSERVANCES

Sunday: Sixteenth Sunday in Ordinary Time
Monday: St. Camillus de Lellis
Wednesday: St. Apollinaris
Thursday: St. Lawrence of Brindisi
Friday: St. Mary Magdalene
Saturday: St. Bridget of Sweden; Blessed Virgin Mary

Reconciliation is held in the church library every Saturday from 3:30pm to 4:30pm, and on the **First Friday** of each month during **Adoration of the Blessed Sacrament**, from 9:30am to 10:30am and 5:30 PM to 6:30 PM.

Let Us Pray for the people in our parish community who are homebound, sick, recovering, or are confined to rest homes, that Jesus be their strength and comfort. This week we especially pray for: **Maddox Vasquez, Alice Bonvecchio, Chris Aguilar, Elvira Canales, Jim Butler, Bill Smith, Audrey Schenck, JP Shea, Diana Gray, Frieda Flocchini, Helen Shrifin, Michael Oliver, Mark Karrigan, Aiko Karrigan, Yumee Wateska, Charlie Schenck, Sue Coffaro, Alice Mancuso, Hector Salcido, Joan Kolakowski, and Shelley Lanier.** Please keep them and their families in your prayers. If you wish to have a loved one placed in Let Us Pray, call the parish office 408-879-1120 #20.

PRAYER AND SERVICE

How do we bring balance and joy to our lives of prayer and service to our loving God?

In the Gospel today, Jesus tells Martha that her concern about doing the right thing as dictated by Jewish tradition might not be the best use of her energies. Her sister, Mary, who sits in rapt attention at Jesus' feet, should not be rebuked. Is Jesus trying to show Martha that she needs to make time for her spiritual nourishment?

Abraham and Sarah in the first reading seem to be just like Martha. And yet Abraham's eager welcome and joyful serving of his "visitors" seems almost spiritual. How like Paul, in the second reading, rejoicing in his service to the gospel!

We hear in the psalm that those who do justice will live in the Lord's presence. Prayer and service—what greater joy could there be? Copyright © J. S. Paluch Co.

TREASURES FROM OUR TRADITION

There's a different pace to a summer Sunday, especially on those days when we dream of air conditioning and wave any available paper to stir the air. Yet we persist in gathering, even with so many breaks from the usual routines. We distance ourselves not only from routines, but from schedules and familiar well-worn paths. These are playful days and contemplative days. We see long-lost friends and visit almost-forgotten places. We have more leisure than any people before in the history of the world, and we need it because our lives are so care-worn and tiring. More of us walk barefoot and look up at the stars or dip our toes in the lake or sea, sing around campfires, read novels on the beach, and eat comfort food with our fingers. We see how beautiful life can be, and are more aware than usual of how God is always breaking in with signs of love. Copyright © J. S. Paluch Co.

First Fridays at Saint Frances Cabrini

- ◆ First Friday Schedule of Adoration of the Blessed Sacrament 8:30 - AM Mass - Celebration of the Sacrament of Anointing within the Mass
- ◆ Exposition and Adoration of the Blessed Sacrament immediately after Mass
- ◆ Community Rosary after the Exposition
- ◆ Confessions - 9:30 AM to 10:30 AM
- ◆ 9:30 AM to 12:00 PM Private Adoration of the Blessed Sacrament
- ◆ 12:00 PM - Divine Mercy Chaplet and Benediction
- ◆ 5:00 PM - Exposition and Adoration of the Blessed Sacrament
- ◆ Confessions 5:30 PM to 6:30 PM
- ◆ 6:30 PM Divine Mercy Chaplet and Benediction
- ◆ 7:00 PM Mass - Celebration of the Sacrament of Anointing within the Mass

Other Fridays

- ◆ Exposition and Adoration of the Blessed Sacrament immediately after 8:30 AM Mass
- ◆ Community Rosary after the Exposition
- ◆ 9:30 AM to 12:00 PM Private Adoration of the Blessed Sacrament
- ◆ 12:00 PM Divine Mercy Chaplet and Benediction

For questions and inquiries please call the parish office.

On our Patroness:
St. Frances Cabrini (1850-1917)
Feast Day: November 13th



Prayers from the Retreat Notes of St. Frances Cabrini

For Discernment: My Jesus, I have not always recognized your loving plans for me. Every day, with the help of your light I learn more about your loving care. Continue to increase my awareness of the gentleness of your loving plans. I want to follow the purpose for which I was created. See, I am in your hands. Help me to choose the best way to serve you. Walk with me, Jesus. Stay by my side and guide me! Amen

For Anxiety- Jesus, fortify me with the grace of your Holy Spirit and give your peace to my soul that I may be free of all needless anxiety, solicitude, and worry. Help me to desire always that which is pleasing and acceptable to You so that your will may be my own. Amen

Surrender to Jesus- My loving Jesus, I enclose myself to you and surrender myself completely in your loving Heart... Enlighten my mind with a ray of your light, move my heart and soul and make me do whatever pleases you and is for your greater glory. Jesus, I love you so much...but I am so weak that in my ignorance and sinfulness I still do not know how to correspond, even partially, to all the special graces and loving tenderness with which you surround me. I will think of you and rest in you, my beloved Jesus. Behold your servant — do with me whatever you want! Amen St. Frances Cabrini- Pray for us!

<https://cabrinishrinenyc.org/prayers-of-mother-cabrini/>

Prayer is powerful! It fills the earth with mercy, it makes the Divine clemency pass from generation to generation; right along the course of the centuries wonderful works have been achieved through prayer.

- Frances Xavier Cabrini

First Saturday Devotions

Saturday, August 6th - 8.00 AM for Rosary Procession and 8.30 AM Mass in honor of our Blessed Virgin Mary.



The Family Rosary Across America© is a live and interactive radio program bringing together Catholics across the nation to pray the rosary.

1260 AM KSFB • 101.7 FM K269FB

Our Lady of Fatima

Come to the church on **Wednesday, August 13th**, where there will be rosary, procession, and Mass to commemorate the 4th (of 6) appearances of Our Holy Mother at Fatima, Portugal, before the three shepherds - Lucia, Jacinta, and Francisco (Oct. 13, 1917)



A new program name: Catechetical Formation

What is Catechesis? Catechesis is the act that includes teaching and living the faith, sharing wisdom, and any actions both in a formal setting of a classroom and in daily life that make us missionary disciples of Christ. Catechesis involves the lifelong effort of forming people into witnesses to Christ and opening their hearts to the spiritual transformation given by the Holy Spirit.

Catechism means a manual of religious instruction arranged in the form of questions and answers used to catechize people, and to testify to the faith. It refers to the bountiful resources published in the 1990s where the facts of the faith are available to all in the Catechism of the Catholic Church.

Catechetical means relating to religious instruction given to a person in preparation for Sacraments. It brings all participants into a closer relationship with Jesus Christ by bringing all the faithful together to learn, share and participate in the Catholic Church.

CCD (Confraternity of Christian Doctrine) was an association established in 1562 in Rome for the purpose of providing religious education. In its more modern usage, CCD became the term used for the religious teaching program of the Catholic Church. These classes are taught to school age children to learn the basic doctrines of their faith. It was later replaced with the term Religious Education.

Religious Education usually implies traditional classroom instruction only. This is a limited process where children and youth are brought together to learn, share, and participate in the faith at a limited time and place. This term replaced CCD to describe what we do - to teach religion.

Faith Formation is an expression of the mission entrusted by Jesus to the Church. Through Faith Formation, the church seeks to prepare its members, old and young, to proclaim the Good News and to translate this proclamation into action. It is a lifelong process.

To best apply the above terminologies into our program, through discernment and consideration of what will represent the best of our Church mission (Worship God • Love Others • Make Disciples • Educate the Young), we no longer use "Religious Education" for our program. Our catechetical program now is called "Catechetical Formation".

Cont. next column

Catechetical Formation cont. Our mission is not only to help students grow their faith just until they receive Sacraments but throughout their lives. The first session of SFC's Faith Formation will be on Wednesday, September 21, 2022. For questions and more information, please contact Merry at merry.kaelani@dsj.org

Become a Fully-Initiated Catholic.

Are you curious about becoming Catholic? Or, a Catholic who wishes to receive Confirmation and/or First Eucharist? Or, are you interested in accompanying those that are on this path? Our parish offers an opportunity to come together in a small group to learn more about our Catholic Christian faith. Weekly sessions focus on the teachings and experience of the Church and later prepare interested individuals to celebrate the Sacraments of Baptism, Confirmation, and Eucharist during the Easter season. You are welcome to participate in the process with your questions, your insights, and your faith story in a warm, welcoming setting. Weekly sessions begin in the Fall. Please e-mail rcia@sfcabrini.org or contact Fr. Vincent at 408-879-1120 #12



Formed.org The Catholic Faith, On demand

Evangelization with Chris Stefanick

We are all on a mission. Do you know what it is? Have you planned the goals and oriented your life to achieve it? Pope Paul VI famously said, "the Church exists to evangelize" - that is, to spread the Good News of Jesus Christ and make disciples.

Spreading the Gospel and inviting others into a relationship with Christ is not just the priest's job; it is the responsibility of all baptized Catholics. What does that look like in our modern world? How do we do it effectively? Let renowned speaker, writer, and expert Chris Stefanick teach you his tried and true methods of spreading the Gospel, that is, evangelization. In his three hour course, Chris breaks down the why, the how, and the what of effective ministry to help Catholics of all backgrounds fulfill the Church's mission. Go to <https://watch.formed.org/> to see more of the *Evangelization with Chris Stefanick* series.



Our parish school is preparing for the 2022-23 school year. We are pleased to announce that Laura Breiten, our current 8th-grade teacher, has been selected as the Vice Principal. Laura is a veteran teacher who was instrumental in implementing our current advanced math program. She served as the chair of our 2018 WCEA Self-Study and has experience teaching primary, intermediate, and junior high students. Laura earned her master's degree in Educational Leadership from Santa Clara University. I am thrilled that Laura has accepted this new challenge

Our school is continuing to accept applications for many grades throughout the summer. We have recently added an additional preschool classroom and have openings for 3 and 4 year olds. Financial aide application are still being considered for grades K-8 on a needs basis. Contact Blanche Khoshaba if you are interested in learning more at Bkhoshaba@sfcshool.org.

We have employment opportunities in our after school Extended Care program. This is a great job for anyone looking for a few hours of work each week between 3:00pm and 6:00pm on school days. The job requires that you enjoy working with children of all ages. Please contact Ronda Clark at rclark@sfcshool.org if interested.

Our office is closed for walk-in business during the month of July, however our Business Manager, Mrs. Bebla, Office Manager, Mrs. Dickey, Development Director, Mrs. Khoshaba, and I are actively answering emails and taking appointments. Please do not hesitate to reach out to us with your questions.

Please save the date: Our Back to School Mass and social is scheduled for 9:30am on August 21. Please join us and celebrate the new school year.

Saint Frances Cabrini School

15325 Woodard Rd. San Jose, CA. 95124
 School Office 408-377-6545
www.sfcshool.org
 Instagram @sfcshool_sj
 Facebook: <https://bit.ly/sfcshool>



Stewardship

In practicing stewardship, we are called to do God’s work, to be a steward of the many gifts He has given us. Everything is a gift from God that we should receive gratefully, cherish, and tend responsibly, share with others and return to God with increase. We encourage all to become stewards of His gifts to us. We thank all those who are generous with their gifts of time, talent, and treasure for the growth of our St. Frances Cabrini Parish community and school.

VOLUNTEERS NEEDED!

Are you tech savvy? Looking for a way to give of your Time and Talent? We need you! Please call the parish office 408-879-1120 #20.



Please visit Catholic Charities by going to www.catholiccharitiesscc.org There you find information on Unemployment Network, Immigration Legal Services, Free Food Distribution, Parish Engagement and many other services with CCSCC.



Online Giving with Faith Direct Online giving is easy. To sign up go to sfcabrini.org where you will find Faith Direct on our home page. Once signed up, contact Sue Butler at 408-879-1120 #18 to stop receiving your regular Sunday envelopes by mail.

Weekly Sunday Collection - June 19-26 2022

| | |
|---------------------------|--------------|
| Church | \$14,828.00 |
| Budgeted Per Week | \$10,500.00 |
| Faith Direct | \$13,463.00 |
| Budgeted Per Week | \$10,500.00 |
| School | \$1,346.00 |
| ADA | \$146,537.00 |

*Thank you for your generous support of
St. Frances Cabrini Church.*

LITURGICAL MINISTRIES

Altar Servers

Fr. Vincent Dang, Merry Kaelani.....merry.kaelani@dsj.org

Altar Society / Church Environment

Elizabeth Drew.....elizabeth.drew@gmail.com

Evangelization

Lee and Cathy Campbell.....rhcampbell@gmail.com

Home Ministries

Grace Rivero..... 408-879-1120 #20

Liturgy Committee

Fr. Vincent, Patty Vucurevichvucu@hotmail.com

Ushers -Greeters

James Sawaya..... sawaya24@sbcglobal.net

Wedding Ceremony Coordinator

Maria Sarmiento.....mosarmien@yahoo.com

SPIRITUAL ENRICHMENT

Bible Study

Donna Tkach.....408-356-2582

Cabrini Young Adults

Kelsey Ballard.....cabriniyoungadults@gmail.com

Cursillo

Cathy Cambell.....cmc4reality@yahoo.com

Intercessory Prayer Group

Rebecca Valverde.....alegrereb@comcast.net

Marriage Enrichment / Date Night

Chris and Ann Aguilar.....aguilarwwme@gmail.com

Rite Of Christian Initiation of Adults (RCIA)

Tim Van Overen.....rcia@sfcabrini.org

PARISH LIFE

Assyrian Catholic Community

Doris Bebla408-315-6608

Bingo

Joe Roulin.....Joesmercedes@yahoo.com

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Dominic Onorato.....domenic.onorato@gmail.com

Events Coordinator

Maile Figonesfcevents@gmail.com

Fiesta

Mike Livingston.....mlivingston@sfc school.org

Filipino American (FilAm) Group

Maria Sarmiento..... mosarmien@yahoo.com

Finance Council

Sean Cook.....cook.sean@sbcglobal.net

ICF Bocce Ball

Camille Orlando.....camille.orlando@yahoo.com

Italian Catholic Federation

Debbie Piro.....debpiro123@yahoo.com

Ladies League

Linnea Sheehy.....SFLadiesleague@gmail.com

Men's Club

Dave Citrigno..... mensclubcabrini@gmail.com

Parish Council

Sam Nickolas.....sgnickolas@comcast.net

St. Frances Cabrini Food Pantry

SFCpantry@gmail.com408-879-1120.....Ext. 4

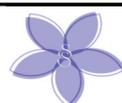


Check it out!

You can now find SFC's Church Calendar online by going to

<https://sfcabrini.org/calendar/>

This Thursday, come watch the Bocce Ball League in action! Thursday evenings starting at 6pm in the ICF Bocce courts across the way from Essig Hall. Want to learn how to play? We got you covered! Stay to play. Bring a snack or bring some dinner.



Afternoon of Remembrance & Reflection for Grieving Mothers & Grandmothers
Next Sunday, July 24th, 2:00 – 5:00 pm

Grieving mothers and grandmothers are invited to an Afternoon of Remembrance and Reflection presented by Fr. John Auther, S.J., and Ms. Rita Morton. This thoughtfully planned program will begin at 2:00 pm and end with Mass starting at 4:00 p.m. Supportive friends and those serving in bereavement ministries are also invited. Sacred Sorrows is a Catholic non-profit endorsed by Bishop Thomas Olmsted, and other clergy members. Go to <https://www.jrclosaltos.org/> to learn about the upcoming *Afternoon of Remembrance & Reflection* as well as other retreats.

Please be aware, that there has been another influx in email phishing scams. These scams may involve an email (fake) from Fr. James or Fr. Vincent or Fr. Tony or a staff member usually asking for money. While these emails may appear like it is coming from one of the priests or staff, please be assured, that it is not. Understand, our clergy or staff would never engage in a request of this type. If you happen to see an email like this, please delete it immediately!



Our Bulletin Sponsors!

Please take note of the sponsors you see on the back of this weekend's bulletin. It is because of these sponsors that we are able to create and print an 8-page bulletin for our parishioners. If you or someone you know would like to advertise in the back of SFC's weekly bulletin, please contact Jacqueline Childs at JS Paluch 925-822-4248 for pricing, referencing bulletin #513437 for St. Frances Cabrini in San Jose, CA.