

St. Frances Cabrini Parish

Our Mission: Worship God • Love Others • Make Disciples • Educate the Young

The Most Holy Body and Blood of Christ

June 19, 2022

As often as you eat this bread and drink the cup,
you proclaim the death of the Lord until he comes.

— 1 Corinthians 11:26

MASS SCHEDULE

Mon. – Fri.- 8:30 am

Sat.- 8:30 am, *5:00 pm Vigil Mass -English
6:45 pm - Vietnamese

Sun.- 8:00 am, 9:30 am, *11:30 am, 1:00 pm
(Assyrian), & 5:30 pm

* Saturday 5:00pm Vigil Mass and 11:30am
Sunday Mass will livestream on Facebook.

RECONCILIATION (CONFESSON)

Saturdays 3:30 pm – 4:30 pm in the church library and by appointment.

BAPTISM: Please visit sfcabrini.org website under Sacraments / Baptism for more information and paperwork. If you have questions, email kpetersen@sfcabrini.org

MARRIAGE: Couples must contact the priest they wish to witness the sacrament at least six months prior to the proposed date of the wedding.

Parish Office Hours

Tuesday • Wednesday • Thursday
9:00am to 3:00pm

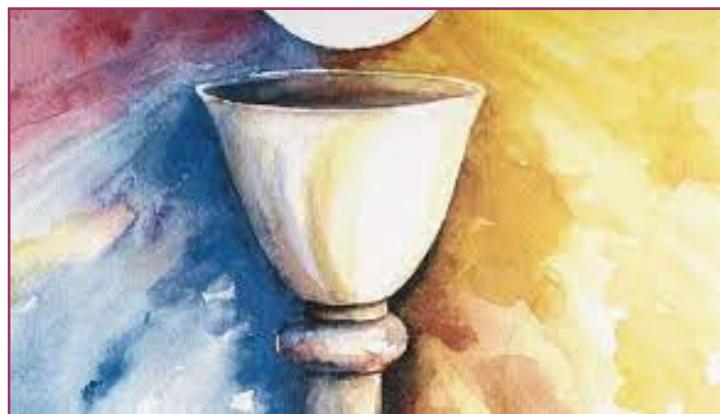
We are in need of lectors for Sunday's 8am Mass. Please contact Patty at vucu@hotmail.com



St. Frances Cabrini Church
15333 Woodard Rd. San Jose, CA. 95124
Parish Office 408-879-1120
Anointing: 408-912-0440
www.sfcabrini.org
Facebook: facebook.com/sfcjca/



Saint Frances Cabrini School
15325 Woodard Rd. San Jose, CA. 95124
School Office 408-377-6545
www.sfcschool.org
Instagram @sfcsschool_sj
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THE GIFT OF THE EUCHARIST

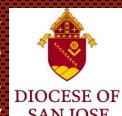
Today we hear how Abram encounters Melchizedek, “king of Salem . . . and a priest of God Most High” (Genesis 14:18). Melchizedek appears nowhere else in scripture, but is nonetheless significant. Psalm 110 declares of the great King David, “You are a priest forever, in the line of Melchizedek,” a description later given (in the letter to the Hebrews) to Christ as High Priest.

Early Christians saw in Melchizedek’s bread and wine the bread and wine of the Eucharist; Paul’s account of the Last Supper (in today’s second reading) is the oldest one in scripture. In the Gospel, Luke describes Jesus providing bread for a crowd in words similar to Paul’s, words still used by the Church: Jesus takes bread, gives thanks, breaks it. Together, these three readings reveal how Christian priesthood, Christ’s Real Presence, and the call to serve those in need are all found in the gift of the Eucharist. - Copyright © J. S. Paluch Co.



Today • June 19th The Feast of Corpus Christi

Joining with Bishop Cantu to begin a three-year National Eucharistic revival on the weekend of the Feast of Corpus Christi this year, Saint Frances Cabrini Parish will have a Eucharistic Procession and Benediction inside/around the Church after the 9:30am & 11:30am Masses today.



Bishop Oscar Cantú has appointed Fr. James Okafor as Pastor of St. Frances Cabrini Parish effective July 1st, 2022. Please continue to pray for our newly appointed pastor and give him your full support as he shepherds our parish.

First Saturdays in the church prior to Mass - 8:00am for a rosary, procession, and Mass for our Blessed Mother.

Clergy

Rev. James Okafor

Parish Administrator

fjames@sfcabrini.org

Rev. Vincent Dang

Parochial Vicar

fvincent@sfcabrini.org

Rev. Paul Soukup, S.J.

Assisting Clergy

psoukup@scu.edu

"I can do all things through Christ who strengthens me." ~ Philippians 4:13



Let Us Pray for the people in our parish community who are homebound, sick, recovering, or are confined to rest homes, that Jesus be their strength and comfort. This week we especially pray for: **Chris Aguilar, Elvira Canales, Jim Butler, Bill Smith, Audrey Schenck, JP Shea, Pat Boorn, Diana Gray, Frieda Flocchini, Helen Shrifin, Michael Oliver, Mark Karrigan, Aiko Karrigan, Yumee Wateska, Charlie Schenck, Sue Coffaro, Alice Mancuso, Hector Salcido, Joan Kolakowski, and Shelley Lanier.** Please keep them and their families in your prayers. If you wish to have a loved one placed in Let Us Pray, please call Jean in the parish office at 408-879-1120 #20.

MASS INTENTIONS - JUNE 18TH TO JUNE 26TH, 2022

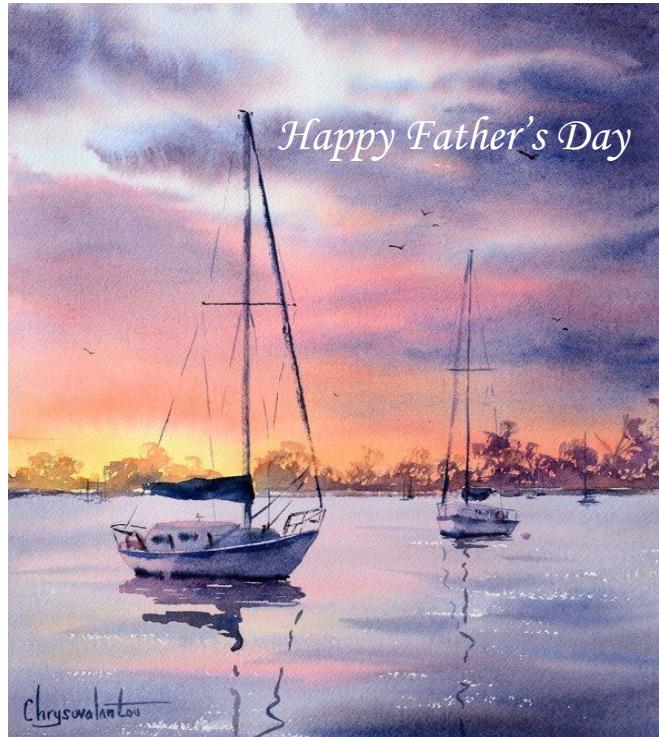
- SAT.** 8:30 am - Kathleen Moritz † - JO
5:00pm - Tom O'Connell † - VD
- SUN.** 8:00 am - Quinton and Neil Correa † - TM
9:30 am - A Special Intention for our Dads - PS
11:30 am - Earl Oliver † - RM
1:00 am - Assyrian Mass - JO
5:30 pm - Tom Howden † - VD
- MON.** 8:30 am - Anthony DiDomenico † - VD
- TUES.** 8:30 am - Evilia Macaraeg † - VD
- WED.** 8:30 am - Elvira Canales, Spec. Int. - TM
- THURS.** 8:30 am - SFC Parish Community - JO
- FRI.** 8:30 am - Karen Medina † - JO
- SAT.** 8:30 am - Bertha Sofia Jalilie † - TM
5:00pm - Tom Howden † - JO
- SUN.** 8:00 am - Joan Kasnic, Spec. Int. - VD
9:30 am - People of the Parish - TM
11:30 am - Juanita Lopez † - JO
1:00 pm - Assyrian Mass † - RM
5:30 pm - Jim O'Connell, Spec. Int. - PS

JO = Fr. James Okafor • VD = Fr. Vincent Dang

TM = Fr. Tony Mancuso • PS = Fr. Paul Soukup

RM = Fr. Robert McKay

Join us in the church, Wednesday July 13th for a rosary, procession and Mass to commemorate the 3rd (of 6) appearances of Our Holy Mother at Fatima, Portugal, before the three shepherds - Lucia, Jacinta, and Francisco (Oct. 13, 1917)



FATHERHOOD

A father carries pictures where his money used to be.

—Anonymous

SAINTS AND SPECIAL OBSERVANCES

- Sunday:** The Most Holy Body and Blood of Christ; Father's Day; Juneteenth
- Monday:** Twelfth Week in Ordinary Time
- Tuesday:** St. Aloysius Gonzaga; Summer begins
- Wednesday:** St. Paulinus of Nola;
Ss. John Fisher and Thomas More
- Thursday:** The Nativity of St. John the Baptist
- Friday:** The Most Sacred Heart of Jesus
- Saturday:** The Immaculate Heart of the Blessed Virgin Mary

It is not your table (nor mine).

Bishops, priests, etc. are neither the hosts nor the bouncers nor the ones who wrote the guest list. The Eucharist is the resurrected body of Christ given for the life of the world. Jesus Christ is the one who invites the guests ("all you who labor"); he is the host of those who come; he is the setter of the table; and he is the feast which is shared ("Take this, all of you.. .this is my body, this is my blood"). We are guests at the meal, and sometimes (by his calling) servers. So stay in your lane, please. The wait staff doesn't get to exclude those who want to come. If you don't like the company Christ calls (and, admittedly, it is a rag tag bunch of sinners, one and all), it's you who need to leave the table, not them." --- John D. Whitney, SJ

PONDERING by Michael St. Pierre, Ed.D.

Author of The Five Habits of Prayerful People: A No-Excuses Guide to Strengthening Your Relationship with God.

Spend Time With the Lord Away From the Noise of the World

"How often do you visit with families each week?" I asked my friend, Father Dennis. I had always marveled at how many families he kept up with in a given year. "Almost every night, I'm visiting with someone," he said with a smile on his 75-year-old face. This man, whom I have known for many years, has literally spent his entire priesthood pouring into others.

What people may not know about him, amid all of his energy and home visits, is his routine of making personal retreats. His schedule might actually be a model for us as well.

Daily: Father Dennis begins each day with an hour of reading the Scriptures, journaling, thinking and interceding for others.

Monthly: Father Dennis takes one day per month at a local hermitage to unplug. When he returns to his busy schedule he feels renewed and ready to tackle the challenges ahead.

Annually: Father Dennis takes several days for an annual retreat, often spent in silence and nearly always surrounded by nature. This grounds his year, enabling him to have the energy – physically and spiritually – to give his life to others.

You and I can learn something from Fr. Dennis' regularly scheduled times away from the noise of the world. Notice that he uses different methods of retreat. Notice, too, that these times of withdrawal are not self-centered but rather give him the energy to be other-centered upon his return to the hustle and bustle of life.

Father Dennis didn't come up with this routine on his own.
Rather, he learned it from Jesus.

In Mark 1:35-39, we read about Jesus rising early in the morning for prayer and then immediately going to the synagogues for preaching and healing. The Apostles also took time to withdraw and pray. (Mk 6:30-33)

The fifth habit of a prayerful person, Pondering, answers the question: "How can I schedule regular times of prayer in order to engage fully with the world?"

I suggest being intentional about your daily time of prayer. Build your schedule around your time with the Lord and see how things fall into place. From there, perhaps you can look at scheduling some time away. There may be a retreat house nearby that would allow you to spend a day or even an afternoon. Finally, look to make an annual retreat, perhaps for a full weekend. These rhythms of retreat and withdrawal put the Lord at the center of your schedule and your life.

The Church today needs Catholics who are intentional about withdrawing from the busyness of life in order to be with the Lord.

PATIENCE

Patience is the ability to idle your motor when you feel like stripping your gears. —Anonymous

First Fridays at Saint Frances Cabrini

Starting Friday, July 3, 2022

First Friday Schedule of

Adoration of the Blessed Sacrament

- ◆ 8:30 - AM Mass - Celebration of the Sacrament of Anointing within the Mass
- ◆ Exposition and Adoration of the Blessed Sacrament immediately after Mass
- ◆ Community Rosary after the Exposition
- ◆ Confessions - 9:30 AM to 10:30 AM
- ◆ 9:30 AM to 12:00 PM Private Adoration of the Blessed Sacrament
- ◆ 12:00 PM - Divine Mercy Chaplet and Benediction
- ◆ 5:00 PM - Exposition and Adoration of the Blessed Sacrament
- ◆ Confessions 5:30 PM to 6:30 PM
- ◆ 6:30 PM Divine Mercy Chaplet and Benediction
- ◆ 7:00 PM Mass - Celebration of the Sacrament of Anointing within the Mass

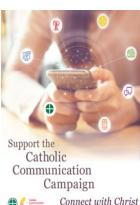
Other Fridays

- ◆ Exposition and Adoration of the Blessed Sacrament immediately after 8:30 AM Mass
- ◆ Community rosary after the Exposition
- ◆ 9:30 AM to 12:00 PM Private Adoration of the Blessed Sacrament
- ◆ 12:00 PM Divine Mercy Chaplet and Benediction

For questions and inquiries please call the parish office.

Become a Fully-Initiated Catholic

Are you curious about becoming Catholic? Or, a Catholic who wishes to receive Confirmation and/or First Eucharist? Or, are you interested in accompanying those that are on this path? Our parish offers an opportunity to come together in a small group to learn more about our Catholic Christian faith. Weekly sessions focus on the teachings and experience of the Church and later prepare interested individuals to celebrate the Sacraments of Baptism, Confirmation, and Eucharist during the Easter season. You are welcome to participate in the process with your questions, your insights, and your faith story in a warm, welcoming setting. Weekly sessions begin in the Fall. Please e-mail rcia@sfcabri.org or contact Fr. Vincent at 408-879-1120 x 12 to inquire.



If you gave to the Catholic Communications Campaign last week, your donation went to support efforts in the United States and around the world to use the media, internet and print publications "to help people connect with Christ." Fifty percent of funds collected remain in each diocese to support local communication efforts. The other half is used to support national projects in the United States and in developing countries around the world.

ADA Update as of May 31st, 2022 \$146,467

Please see next week's bulletin for updated weekly collections. Thank you for your generous support of St.



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